



Title: *Suicide and Eating Disorders: What Clinicians Need to Know*

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Credit: One (1) Continuing Education Credit Awarded

Post-Test (For reference only. You must take and pass the test online for CE credit.)

1. There are 4 male suicides for every female suicide, but twice as many females attempt.
 - a. True
 - b. False
2. Individuals at most risk for suicide are:
 - a. Male
 - b. Caucasian
 - c. Age 15-55 & 65 up
 - d. Living alone
 - e. All of the above
3. Suicide rates rose across the country from 1999 to 2016 in all states except:
 - a. California
 - b. Alaska
 - c. Nevada
 - d. Utah
4. Behavioral warning signs of suicide include:
 - a. Giving away prized possessions i.e. jewelry, personal collections
 - b. Writing/reading about death obsessively
 - c. Making a will/final arrangements
 - d. Writing suicide notes
 - e. All of the above
5. Situational risk factors for adolescents include:
 - a. Substance use to treat undiagnosed mental disorders
 - b. Isolation/aloneness
 - c. Victim of bullying
 - d. Acculturation challenges
 - e. All of the above
6. Contagion suicides happen where people socialize, with the exception of:
 - a. Schools
 - b. Psychiatric hospitals
 - c. Malls
 - d. Military Units
7. The greatest reasons that adolescents commit suicide include (choose all that apply):
 - a. Quality of home life
 - b. Parental relationship/behavior
 - c. Lack of friends
 - d. Depression
8. Individuals with anorexia tend to decide to end their life and:
 - a. Use highly lethal methods
 - b. Tend to starve slowly
 - c. Abuse cocaine
9. There is an increased risk of suicide attempts in anorexics who are:
 - a. Older
 - b. Lower in weight
 - c. Struggle with substance abuse
 - d. Younger age of onset
 - e. All of the above
10. There is an increased risk of suicide attempts in bulimics who have (choose all that apply):
 - a. Co-morbid psychiatric diagnoses
 - b. History of physical or sexual abuse
 - c. Abuse of laxatives and diuretics
 - d. Multiple compensatory purging behaviors