

*Center for Change presents a clinical training for professionals with
Dr. Michael E. Berrett, and featuring Quinn Nystrom*

**“12 Core Principles in Treatment and Recovery from
Eating Disorders and Related Illness”**

Presented by: Michael E. Berrett, PhD, CEDS
Psychologist, CEO, and Co-founder
Center for Change

**“Eating Disorders & Type 1 Diabetes:
A Complicated Relationship”**

Presented by: Quinn Nystrom
Founder/President of Qspeak & Dateline Diabetes
Center for Change National Diabetes Ambassador



When: Friday, April 21, 2017
8:00am: Check-in & Breakfast
8:30am – Noon: Presentations
Noon: Wrap-up & CE Certificates

Where: Hampton Inn & Suites – Green Hills
2324 Crestmoor Road, Nashville, TN
(Free parking on site & directly behind the hotel)

Cost: **FREE** – **Space is limited so pre-registration is required**

(3 CE Credits pending with NASW, CDR, NBCC, NAADAC)

Quinn Nystrom is a well-known and respected advocate in the diabetes world who shares her remarkable story of living with type 1 diabetes and her recovery from an eating disorder. She's been featured nationally on XM Radio, Glamour Magazine, MSN, Diabetes Forecast and The Learning Channel (TLC). Quinn founded Dateline Diabetes, a non-profit foundation, and authored the book, *If I Kiss You, Will I Get Diabetes?* She is a dynamic and passionate speaker who brings a hopeful message of living a full and beautiful life.

Dr. Berrett is a licensed psychologist and is CEO and Co-founder of Center for Change. He is a Certified Eating Disorders Specialist (CEDS) with more than 35 years' experience working with those suffering from eating disorders and related illness. He is co-author of the APA best seller *Spiritual Approaches in the Treatment of Women with Eating Disorders*, as well as many other book chapters and peer-review research journal articles. Dr. Berrett is a nationally known clinical trainer and speaker, and a recognized expert in the use of spirituality in treatment.

This training is appropriate for all clinical skill levels and is intended for psychologists, social workers, therapists, counselors, dietitians, nurses, APRNs, doctors, and addiction professionals.



Register for this event at CenterForChange.com

**Dr. Berrett and Quinn will also headline a free community event for the general public:
Thursday, April 20, 2017 * 6:30pm – 8:30pm * Hampton Inn & Suites - Green Hills, Nashville, TN
For more information, go to www.CenterForChange.com**