



The 7 Things You Need to Know about Diabulimia/ED-DMT1

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Credit: One (1) Continuing Education Credit Awarded

Posttest (For reference only. You must take and pass the test online for CE credit.)

1. What percentage of people with diabetes admit to omitting their insulin?
 - a. 20%
 - b. 30%
 - c. 50%
 - d. 60%

2. What year did an international focus group decide on the name ED-DMT1?
 - a. 1978
 - b. 1988
 - c. 1998
 - d. 2008

3. Why are people with diabetes at a higher risk for an eating disorder?
 - a. Age of diagnosis
 - b. They live alone
 - c. Belief that they "ate their way into diabetes."
 - d. Auto-immune

4. When was the first known case of Diabulimia/ED-DMT1?
 - a. 1980
 - b. 1985
 - c. 1990
 - d. 1995

5. What percentage of people with type 1 diabetes were diagnosed before the age of 30?
 - a. 45%
 - b. 50%
 - c. 55%
 - d. 58%

6. What percentage of females will restrict insulin to lose weight?
 - a. 10%
 - b. 18%
 - c. 27%
 - d. 33%

7. What percentage of males will restrict insulin to lose weight?

- a. 10%
- b. 18%
- c. 27%
- d. 33%

8. What percentage of Americans with diabetes cite financial hardship?

- a. 29%
- b. 35%
- c. 40%
- d. 48%

9. Binge eating disorder affects ____ percent of women with diabetes?

- a. 20%
- b. 30%
- c. 40%
- d. 50%

10. Binge eating disorder affects ____ percent of men with diabetes?

- a. 20%
- b. 30%
- c. 40%
- d. 50%