



Please join us for an exciting Lunch & Learn!

*"Changing the Conversation:
Promoting Your Clients' Best Health Without Causing Harm"*

Presented by:
Katherine Zavodni, MPH RDN, CD



July 7, 2017
Check-in and Lunch: 11:30am - 12:00pm
Presentation: 12:00pm-1:00pm

Center for Change - Cottonwood Heights
7050 South Highland Drive, Suite #310
Cottonwood Heights, UT 84121

One (1) Continuing Education Credit will be awarded to participants
Center for Change maintains responsibility for this program and its content

This is a complimentary event sponsored by Center for Change. Space is limited so register today! To register, click [here](#)

About the Presenter: Katherine Zavodni is a registered dietitian nutritionist in private practice in Salt Lake City, UT. As an outpatient nutrition therapist, she specializes in eating disorders treatment, family and child feeding therapy, and chronic dieting and weight concerns. She is a passionate advocate of weight neutral nutrition therapy and health care and applies an exclusively non-diet lifestyle approach in all her clinical work, consistent with the Health at Every Size® and Intuitive Eating® models. She speaks at national conferences, training professionals on how to promote weight neutral care and health behavior in their practices and advocacy efforts. Also a freelance writer, editor, and consultant, Katherine is in the process of creating a nutrition science curriculum for elementary school age children that is protective against disordered eating and promotes body trust and empowerment. Katherine earned her bachelor's degree in English and her Masters in Public Health Nutrition, both from the University of North Carolina at Chapel Hill.

Questions? Contact Kari Jacobson at 888.224.8250 or kari.jacobson@uhsinc.com