



## **Please join us for an exciting Lunch & Learn!**

*"Fighting the Shame Gremlins:  
Skills to Help Clients and Therapists be More Resilient to Shame"*

*Presented by:*  
Kristie Lemmon, APRN, PMHNP-BC



April 28, 2017  
Check-in and Lunch: 11:30am - 12:00pm  
Presentation: 12:00pm-1:00pm

Center for Change - Cottonwood Heights  
7050 South Highland Drive, Suite #310  
Cottonwood Heights, UT 84121

One (1) Continuing Education Credit will be awarded to participants  
*Center for Change maintains responsibility for this program and its content*

This is a complimentary event sponsored by Center for Change. Space is limited so register today! To register, click here

Questions? Contact Kari Jacobson at 888.224.8250 or [kari.jacobson@uhsinc.com](mailto:kari.jacobson@uhsinc.com)