



The Utah Chapter of **iaedp** invites you to attend our
Fall Gala Event

Identifying and Treating Eating Disorders Across the Lifespan

Join us for this half-day informative, exciting, relevant discussion about identification, assessment, and treatment for eating disorders across the life spectrum. Registration includes breakfast.

November 16, 2017
8:30 am to 12:30 pm

University Neuropsychiatric Institute
501 Chipeta Way
Salt Lake City, UT 84108

Complimentary Breakfast

\$60 for iaedp members
\$70 for other participants

4.0 CEUs
NBCC-Approved for Counselors
CDR Approved for Registered Dietitians, DTR
UPA approval pending for psychologists
NASW approval pending for social workers

RSVP at: utahiaedpchapter.eventbrite.com

Adolescents, presented by Kim Crossley, LCSW, CEDS

Kim Crossley is a Certified Eating Disorder Specialist (CEDS) and Clinical Director at Center for Change. She also has a private practice at Inside Wellness. She received her Master of Social Degree from Brigham Young University in Provo, Utah. She supervises several new clinicians to the field as well as currently serving as the IAEDP Utah Chapter Secretary. She has worked at every level of treatment: acute inpatient hospitalization, residential, PHP/day treatment, intensive outpatient programs, and outpatient. She is passionate about helping individuals fight eating disorders and has dedicated most of her professional career to this area.

Middle-Aged Women, presented by Melissa Smith, PhD, CEDS

Dr. Melissa H. Smith is a Licensed Psychologist, Certified Eating Disorder Specialist, and owner of Balance Health & Healing, a specialized psychological clinic dedicated to addressing the unique needs of women. Dr. Smith has dedicated her career to helping individuals along the continuum of eating disorder treatment and recovery and is actively involved in prevention, education, and intervention, often speaking regionally, nationally, and internationally. Dr. Smith earned her doctoral degree from the APA-accredited Counseling Psychology Program at Brigham Young University, which included an APA-accredited pre-doctoral internship at University of Michigan. Dr. Smith also has a Masters Degree in Counseling from Truman State University in Kirksville, MO, and is currently a candidate in the Executive MBA Program at University of Utah.

Medical Care Across the Lifespan, presented by Kristin Francis, MD

Dr. Kristin Francis is an Inpatient Child and Adolescent Psychiatrist at UNI in Salt Lake City, Utah. She received her medical degree from Mayo Medical School in Rochester, MN. She remained at the Mayo Clinic for residency and fellowship and is board certified in both Adult Psychiatry and Child/Adolescent Psychiatry. She has special training and interest in treating patients with eating disorders. Currently she serves as the IAEDP Utah Chapter President in addition to her full-time care of youth inpatients at the University of Utah. She has lectured on a variety of eating disorder topics including medical management of patients with eating disorders, body shaming and the impact of dieting in obese and overweight teenagers.



Thanks to our sponsor!