

**Center for Change National Eating Disorders Conference for Professionals
January 25 – 26, 2019**

Friday

- 7:00am – 8:00am Check-in and breakfast
- 8:00am – 8:30am Welcome and Announcements – Tamara Bingham Noyes
- 8:30am – 10:00am *The Science & Language of Hope: Nutrition Therapy's Restorative Role* - Tammy Beasley, RD, CEDRD
- 10:00am – 10:15am Break
- 10:15am – 11:45am *The Treatment of Medical Complications in Eating Disorders* – Margherita Mascolo, MD, CEDS
- 11:45am – 12:45pm Networking lunch
- 12:45pm – 2:15pm *Music Therapy: Tuning in to Heart, Mind and Body* - Lynette Taylor, SCMT, MT-BC & Leslie Johnson, MAEd, SCMT, MT-BC
- 2:15pm – 2:30pm Break
- 2:30pm – 4:30pm Key Note Presentation – *Emotion-Focused Family Therapy for Eating Disorders* - Adele Lafrance, PhD
- 4:45pm – 6:00pm Tours of Center for Change

Saturday

- 7:30am – 8:30am Check-in and breakfast
- 8:30am – 10:00am *Orthorexia Nervosa: Pathologically Healthful Eating vs. Pathologizing Healthy Habits* – Nicole Hawkins, PhD, CEDS
- 10:00am – 10:15am Break
- 10:15am – 11:45am *The Power of Pleasure: Embracing the Joy of Eating Well* - April Hackert, MS, RDN, CEDRD
- 11:45am – 12:45pm Networking lunch
- 12:45pm – 2:15pm *The Path to Recovery: Best Practices for Provider-Patient Communication* - Quinn Nystrom, M.S.
- 2:15pm – 2:30pm Break
- 2:30pm – 4:30pm *The Secret Sauce of Psychotherapy* - Michael E. Berrett, PhD, CEDS
- 4:30pm – 4:45pm Closing Remarks

Sunday

- (Optional) Skiing at Sundance Resort (Transportation provided by Center for Change)