



**Center for Change National Eating Disorders Conference for Professionals
January 29 - 30, 2016**

True Treatment Collaboration: Building Bridges to a Recovered Life

Friday

- 7:00am – 8:00am Registration and breakfast
8:00am – 8:30am Welcome and Announcements – Tamara Noyes
8:30am – 10:00am *Shame Storms, Shields and Antidotes* – Espra Andrus, LCSW
10:00am – 10:15am Break
10:15am – 11:45am *Application of Health at Every Size® in Eating Disorder Treatment* – Julie Church, RDN, CD, CEDRD
11:45am – 12:45pm Networking lunch
12:45pm – 2:15pm *What's the Best Treatment for Binge Eating Disorder?* – Nicole Hawkins, PhD, CEDS
2:15pm – 2:30pm Break
2:30pm – 4:30pm Key Note Speaker – *Connecting the Dots: Perfectionism, Eating Disorders in Adult Women, and Relational-Cultural Theory* – Margo Maine, PhD, FAED
4:30pm – 6:00pm Tour of Center for Change & Hosted Reception

Saturday

- 7:30am – 8:30am Registration and breakfast
8:30am – 10:00am *Suffering in Silence: Males and Eating Disorders* – Brad Kennington, LMFT, LPC
10:00am – 10:15am Break
10:15am – 11:45am *Medical Care, Psychotropic Medications, and Beyond: The Broad and Critical Role of the Psychiatric MD/NP's in the Treatment of Eating Disorders* – Greg Ellis, MD
11:45am – 12:45pm Networking lunch
12:45pm – 2:15pm *Food, Fears and Shame: Nutrition Strategies to Navigate the Path of Recovery in BED* – Melainie Rogers, MS, RD, CEDRD
2:15pm – 2:30pm Break
2:30pm – 4:30pm *How Clinicians Can Help Families Understand and Fulfill Their Roles in a Loved One's Eating Disorder Recovery* – Michael E. Berrett, PhD
4:30pm – 4:45pm Closing Remarks – Dr. Berrett

Sunday

- (Optional) Skiing at Sundance Resort
(Transportation provided by Center for Change)

For more information and to register, go to www.centerforchange.com