

Center for Change presents a clinical training for professionals with Dr. Michael E. Berrett, and featuring Jenni Schaefer

“Increasing Structure in Outpatient Treatment of Anorexia, Bulimia, and Binge Eating Disorder”

(2 CEs) Participants will be able to:
Articulate the importance of creating outpatient structures
Demonstrate an understanding of creating structure in multiple arenas
Identify at least 3 issues to address in outpatient therapy

“Jenni’s Toolbox: Tips, Tricks and Tools That Helped Me to Reach a Full Recovery”

(1 CE) Participants will be able to:
Apply the metaphor of “Ed” personified to assist clients in identifying the voice of the eating disorder
Provide clients with techniques to face and overcome relapse
Provide clients with strategies for overcoming negative body image
Identify specific criteria for achieving a full recovery from a client’s perspective



When: Friday, October 23, 2015
8:00am: Check-in & Breakfast
8:30am – 10:30am: Michael E. Berrett, PhD
10:30am: Break
11:00am – Noon: Jenni Schaefer, BS
Noon: Wrap-up

Where: Hyatt Regency Greenville
220 N. Main St., Greenville, SC
(Parking vouchers for the garage will be provided)

Cost: FREE – [Space is limited so pre-registration is required](#)

(3 CEU Credits pending with NASW, SCPA, CDR, NBCC, NAADAC)
South Carolina Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. South Carolina Psychological Association maintains responsibility for this program and its contents.

Jenni Schaefer is a leading motivational writer and speaker, appearing on *The Today Show* and in *The New York Times*, and at conferences and on college campuses nationwide. Her books include *Life Without Ed*; *Goodbye Ed, Hello Me*; and her latest *Almost Anorexic*, written in collaboration with Harvard Medical School. Learn more at www.JenniSchaefer.com.

Michael E. Berrett, PhD is a Psychologist, CEO, and Co-founder of Center for Change, which since 1996, has specialized in intensive treatment programs for eating disorders and co-existing mental, emotional, and addictive illness. He is the co-author of several books and book chapters including *Spiritual Renewal: A Journey of Faith and Healing*, and the APA bestseller *Spiritual Approaches in the Treatment of Women with Eating Disorders*. He is a nationally known clinical trainer and speaker, and a recognized expert in the use of spirituality in treatment.

This training is appropriate for all clinical skill levels and is intended for psychologists, social workers, therapists, counselors, dietitians, nurses, APRNs, doctors, and addiction professionals.

Sponsored by Center for Change and ED Aware. Special thanks to Carolina Center for Behavioral Health for their support.



Click [here](#) to register for this event.

Dr. Berrett and Jenni will also headline a free community event for the general public on Thursday, October 22, 2015 at 6:30pm, Kroc Community Center in Greenville, SC.

[For more information, click here.](#)