

You're Invited

Spirituality in Recovery Educational Event

February 20, 2015

8 am-12 pm

Claremont School of Theology

Claremont, CA

Butler 201 Room

This complimentary event is open to professionals, faculty, and students.

3 Continuing Education Credits provided by BHC Alhambra Hospital for
MFT, LCSW, RN, RD, PhD, and PsyD.*

Presentations Include:

Spiritual Care in the Treatment of Eating Disorders

by Jim Rhoads, M.Div

Founder of Pacifica Recovery Services, Claremont, CA



Six Spiritual Pathways to Recovery from Eating Disorders and Related Emotional and Addictive Illness by Michael E. Berrett, PhD, Psychologist, CEO and Co-founder, Center for Change, Orem, UT and Co-author, APA book, "Spiritual Approaches in the Treatment of Women with Eating Disorders"



Space is limited so please secure your spot soon!
To RSVP or for questions, please contact Nikki Rollo at 626.808.7633 or
nikki.rollo@uhsinc.com.

**BHC Alhambra Hospital is approved by the California Psychological Association to provide continuing professional education for psychologists and maintains responsibility for this program and its content.*

About the presenters:



Jim graduated from College in 1967 and from seminary in 1970 where he studied Theology and Personality Theory at Claremont School of Theology. He entered the field of drug and alcohol treatment in 1970 and began his career as a Clinical Chaplain and Supervisor of Clinical Pastoral Education. In 1983 he moved into administration and has managed chemical dependency services at Pomona Valley Hospital Medical Center, Loma Linda University Behavioral Medicine Center, San Antonio Community Hospital and Riverside Behavioral Medicine Center. In 2005, he formed Pacifica Recovery, Inc. and opened an eating disorder program in Claremont, CA and in 2008, added the drug and alcohol program. He has lectured and trained professionals extensively, including medical residents in family practice, medical students at UCLA, USC, Loma Linda and Western Medical. He has trained a number of PhD students at Claremont School of Theology, and been consultant to many doctoral dissertations. He has studied the addicted and compulsive brain over the years and has been committed to understanding how humans over ride their survival drive with self-destructive obsessions and compulsions. This understanding has been critical in helping individuals develop paths to recovery and an understanding of their spiritual makeup and resources.



Dr. Michael Berrett is a psychologist, CEO, and Co-founder of Center for Change in Orem, Utah, which specializes in intensive treatment for those suffering with eating disorders and co-existing mental, emotional, and addictive illness. He has been treating suffering clients and their families for well over 30 years. He has been on the Board of Directors of the National Association of Therapeutic Schools and Programs, the Clinical Director of Aspen Achievement Academy, a wilderness program for troubled teens, and the Chief of Psychology at Utah Valley Regional Medical Center. He is the co-author of two books and multiple book chapters and articles including the APA bestselling book "Spiritual Approaches in the Treatment of Women with Eating Disorders." He is a nationally known speaker and clinical trainer, and has presented at hundreds of national and regional conference and training events. He has dedicated his life to helping young people navigate life's journey with wisdom and self-respect.