

USING OUR KNOWLEDGE OF THE BRAIN TO CARE FOR THE BODY AND FEEL THE SOUL:

Clinical Applications of Current Research on the Neurobiology of Eating Disorders and Trauma

PRESENTED BY Dr. Norman Kim, Ph.D.

National Director for Program Development for Reasons Eating Disorder Center

FRIDAY, DECEMBER 5, 2014

9:30 a.m. ~ Registration and Breakfast | 10 a.m.–11:30 a.m. ~ Lecture

TORRANCE MEMORIAL HOSPITAL

West Tower Auditorium, 3330 Lomita Blvd, Torrance, CA 90505

Located on Medical Center Drive (between Lomita and Skypark). Parking is free in the adjacent parking structure.

RSVP BY MONDAY, DECEMBER 1, 2014

CHERYL CAMBAY at (310) 502-4344 or ccambay@themeadows.com

**FREE
EVENT**
Complimentary
breakfast
served.



Norman Kim, Ph.D.
*National Director for
Program Development
for Reasons Eating
Disorder Center*

Objectives:

1. Identify the mechanical and purpose of fear, anxiety and avoidance in eating disorders and trauma.
2. Understand the role of emotional memory and memory reconsolidation.
3. Identify how to use this understanding to help patients understand, recognize and utilize somatic indicators of emotions and distress and improve treatment outcomes.

About the Speaker

Norman completed his B.A. at Yale University where he studied music and psychology, and was the recipient of a Mellon Fellowship for Research in Psychiatry. He completed his Ph.D. in Clinical Psychology at UCLA, where he was the recipient of an individual National Research Service Award from the National Institutes of Health to study the neurobiologic underpinnings of emotion recognition and understanding in Autism. Most recently he has been involved in a multi-site, longitudinal study of the course and outcome of children and adolescents at risk for developing bipolar disorder.

In conjunction with his research interests, Norman has developed an expertise in treating and teaching about psychiatrically complex populations, multi-modal treatment, and diagnostic assessment with a particular focus on Eating Disorders, Trauma, and Bipolar Disorder. While rooted firmly in empirically supported approaches, he has incorporated practices emphasizing somatosensory integration that draw from eastern and traditional medicine. He was the co-founder of the Reasons Eating Disorder Center and a regular speaker, educator, and advocate for eating disorder awareness. He has endeavored to develop a clinical approach that focuses on the exploration of meaning as a path to healing and that honors an individuals' own narrative and journey.

Special thanks to Del Amo Hospital (for CEU's) and The Thelma McMillen Center (for providing venue).

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